

Griffins International School

CBSE Affiliation No: 2430226, School Code: 15620 An ISO 21001:2018 Certified Day Cum Boarding School Plot No- 489, NH- 60, Mouza- Khatranga, P O- Khatranga. Kharagpur. Pin- 721301



Date: 10th October 2025

Circular No - GIS/2025-26/Cir/039

Dear Parent,

Greetings from Griffins International School!



HEALTHY EATING PYRAMID



♣ Please find attached the Tiffin menu for the month of October 2025.

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WEEKLY MENU		
DAY	TIFFIN	
MONDAY	Plain Paratha & Chana Masala / Chapati & Ghugni	
TUESDAY	Masala Dosa & Coconut Chutney	
WEDNESDAY	Potato Stuffed Sandwich	
THURSDAY	Pav Bhaji	
FRIDAY	Veg Noodles	
SATURDAY	Thepla with Sauce / Pasta	

^{**} These menu may change without prior notice as per availability of seasonal food items. **

Note: - Anyone who wishes to avail the tiffin service is required to fill the below given Google link https://forms.gle/eggUCNreUMmBwM8F8

Regards Principal



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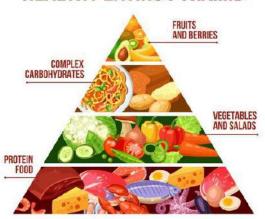
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प्रिय अभिभावक.

ग्रिफिंस इंटरनेशनल स्कूल की ओर से ढेर सारी शुभकामनाएँ!



HEALTHY EATING PYRAMID



📤 कृपया अक्टूबर 2025 के महीने का टिफिन मेनू संलग्न करें।

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WEEKLY MENU		
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THURSDAY	Pav Bhaji	
FRIDAY	Veg Noodles	
SATURDAY	Thepla with Sauce / Pasta	

^{**} मौसमी खाद्य वस्तुओं की उपलब्धता के अनुसार यह मेनू पूर्व सूचना के बिना बदल सकता है। **

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सादर

प्रधानाचार्य



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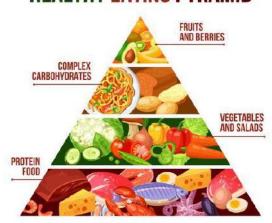
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প্রিয় অভিভাবকবৃন্দ,

গ্রিফিন্স আন্তর্জাতিক বিদ্যালয়ের পক্ষ থেকে শুভেচ্ছা!



HEALTHY EATING PYRAMID



📤 অনুগ্রহ করে অক্টোবর ২০২৫ মাসের টিফিন মেনু সংযুক্ত করুন।

WEEKLY MENU		
DAY	TIFFIN	
MONDAY	Plain Paratha & Chana Masala / Chapati & Ghugni	
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** ঋতুযুক্ত খাদ্যসামগ্রীর প্রাপ্যতার উপর ভিত্তি করে এই মেনুটি পূর্ব নোটিশ ছাড়াই পরিবর্তিত হতে পারে। **

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ধন্যবাদান্তে অধ্যক্ষ